

WEEK 1 MENU

W/C: 09/05 30/05 20/06 11/07

SPRING/SUMMER 2022

	HOT SPECIALS...	DAILY FAVES...	SIDES...	PACKED LUNCH...	JACKET POTATOES...	PICK A PUD!	
MONDAY	Veggie Burrito ♡ ♻️ 🌱 A soft wrap filled with lightly spiced veggies and rice	Cheese and Tomato Pizza with Potato Wedges ♻️ 🌱 Cheesy tomato topped pizza slice	Tomato Pasta 🌱 ♻️ Fresh, homemade tomato and basil sauce with penne pasta	Green Beans and Sweetcorn	Packed Lunch See below for details	Jacket Potatoes ♡ ♻️ A choice of hot and cold fillings	Raspberry Ripple Ice Cream with Fresh Cut Fruit Slices 🍓
TUESDAY	Allegra's BBQ Chicken Burger, Corn and Pineapple Relish with Potato Wedges BBQ chicken breast burger with zingy corn relish	Macaroni Cheese ♻️ Traditional Mac 'N' Cheese, delicious macaroni in a creamy cheese sauce	Tomato Pasta 🌱 ♻️ Fresh, homemade tomato and basil sauce with penne pasta	Peas and Broccoli	Packed Lunch See below for details	Jacket Potatoes ♡ ♻️ with salmon mayonnaise 🐟	Secret Brownie with Fresh Cut Fruit Slices 🍓
WEDNESDAY	Roast Chicken with Roast Potatoes & Gravy Succulent roast chicken with fluffy roasties and tasty gravy	Quorn Roast with Roast Potatoes and Gravy ♻️ Delicious Quorn roast with fluffy roasties and tasty gravy	Tomato Pasta 🌱 ♻️ Fresh, homemade tomato and basil sauce with penne pasta	Carrots and Cabbage	Packed Lunch See below for details	Jacket Potatoes ♡ ♻️ A choice of hot and cold fillings	Shortbread Biscuit with Fresh Cut Fruit Slices 🍓
THURSDAY	Bacon All Day Breakfast with Potato Wedges A yummy all day breakfast with bacon and potato wedges	Quorn Hot Dog with Potato Wedges ♻️ A delicious Quorn hot dog	Tomato Pasta 🌱 ♻️ Fresh, homemade tomato and basil sauce with penne pasta	Broccoli and Sweetcorn	Packed Lunch See below for details	Jacket Potatoes ♡ ♻️ A choice of hot and cold fillings	Berry & Peach Oaty Crumble with Custard 🍓 ♡
FRIDAY	Golden Fish Fingers and Chips Crispy fish fingers with scrummy chips	Quorn Nuggets and Chips ♻️ Crispy Quorn nuggets with their fave sauce - ketchup	Tomato Pasta 🌱 ♻️ Fresh, homemade tomato and basil sauce with penne pasta	Baked Beans, Carrots and Peas	Packed Lunch See below for details	Jacket Potatoes ♡ ♻️ A choice of hot and cold fillings	Chocolate and Raspberry Swirl Cake with Fresh Cut Fruit Slices 🍓

PACKED LUNCH - AVAILABLE DAILY

HAM AND CHEESE OR DAILY SPECIAL WITH VEG STICKS AND FRESH FRUIT OR BEAR YOYO OR DESSERT OF THE DAY

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

♻️ Vegetarian 🐟 Oily fish 🌱 Wholegrain
 🍏 Fruity! ♡ Nutritionist's Choice

WEEK 2 MENU

W/C: 25/04 16/05 06/06 27/06
18/07

SPRING/SUMMER 2022

	HOT SPECIALS...	DAILY FAVES...	SIDES...	PACKED LUNCH...	JACKET POTATOES...	PICK A PUD!	
MONDAY	Veggie Bolognese Yummy veggie Bolognese with pasta	Cheese and Tomato Pizza Cheesy tomato topped pizza slice	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Carrots and Sweetcorn	Packed Lunch See below for details	Jacket Potatoes A choice of hot and cold fillings	Flapjack with Fresh Cut Fruit Slices
TUESDAY	Sausage and Mash with Gravy Sausage and mash with rich gravy	Allegra's BBQ Beans with Allegra's Cornbread Tasty BBQ beans served with cornbread	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Broccoli and Peas	Packed Lunch See below for details	Jacket Potatoes A choice of hot and cold fillings	Peach Shortbread Pudding with Custard
WEDNESDAY	Roast Turkey with Roast Potatoes & Gravy Roast turkey with fluffy roasties and tasty gravy	Creamy Vegetable Pie with Roast Potatoes and Gravy Creamy vegetable pie with a cheesy shortcrust topper	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Cabbage and Carrots	Packed Lunch See below for details	Jacket Potatoes A choice of hot and cold fillings	Raspberry Yoghurt Cake with Fresh Cut Fruit Slices
THURSDAY	Beef Bolognese A classic Italian beef Bolognese in a yummy tomato sauce	Mild Chickpea and Potato Curry with Rice Tasty chickpea and potato curry served with rice	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Green Beans and Sweetcorn	Packed Lunch See below for details	Jacket Potatoes A choice of hot and cold fillings	Fruity Chocolate Brownie with Fresh Cut Fruit Slices
FRIDAY	Golden Fish Fingers and Chips Crispy fish fingers with scrummy chips	Quorn Dippers with Chips Crispy Quorn dippers with their fave sauce - ketchup	Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta	Baked Beans, Carrots and Peas	Packed Lunch See below for details	Jacket Potatoes A choice of hot and cold fillings	Vanilla Ice Cream with Fresh Cut Fruit Slices

PACKED LUNCH - AVAILABLE DAILY

HAM AND CHEESE OR DAILY SPECIAL WITH VEG STICKS AND FRESH FRUIT OR BEAR YOYO OR DESSERT OF THE DAY

AVAILABLE EVERY DAY






































WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

Vegetarian Oily fish Wholegrain
 Fruity! Nutritionist's Choice

WEEK 3 MENU

W/C: 02/05 23/05 13/06 04/07

SPRING/SUMMER 2022

	HOT SPECIALS...	DAILY FAVES...	SIDES...	PACKED LUNCH...	JACKET POTATOES...	PICK A PUD!	
MONDAY	Cheese and Tomato Pizza   Cheesy tomato topped pizza slice	Vegetarian Sausage with Mashed Potato and Gravy   Veggie sausage and mash with rich gravy	Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta	Peas and Carrots	Packed Lunch See below for details	Jacket Potatoes   A choice of hot and cold fillings	Oaty Biscuit with Fresh Cut Fruit Slices 
TUESDAY	Hot Chicken Sandwich with Potato Wedges Roast chicken served in a soft bun with lettuce and mayo	Allegra's Cheesy Peasy Risotto Bake  A delicious baked cheesy, pea risotto	Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta	Sweetcorn and Broccoli	Packed Lunch See below for details	Jacket Potatoes   A choice of hot and cold fillings	Apple and Carrot Yoghurt Muffin 
WEDNESDAY	Roast Chicken with Roast Potatoes & Gravy Succulent roast chicken with fluffy roasties and tasty gravy	Butternut Squash and Potato Pastry Slice with Roast Potatoes and Gravy  A chunky butternut squash and potato pastry slice	Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta	Carrots and Cabbage	Packed Lunch See below for details	Jacket Potatoes   A choice of hot and cold fillings	Strawberry Ice Cream with Fresh Cut Fruit Slices 
THURSDAY	Beef Bolognese   A classic Italian beef Bolognese in a yummy tomato sauce	Veggie Lasagne served with a Bread Wedge   Delicious sheets of pasta layered with veggies and tomato sauce	Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta	Green Beans and Sweetcorn	Packed Lunch See below for details	Jacket Potatoes   A choice of hot and cold fillings	Chocolate Sponge Cake with Fresh Cut Fruit Slices 
FRIDAY	Southern Fried Chicken Tasters with Chips Lightly seasoned crispy chicken strips and scrummy chips	Veggie Soft Taco and Chips   A soft taco shell filled with a yummy veggie tomato chilli	Tomato Pasta   Fresh, homemade tomato and basil sauce with penne pasta	Baked Beans, Carrots and Peas	Packed Lunch See below for details	Jacket Potatoes   A choice of hot and cold fillings	Banana and Apricot Flapjack with Fresh Cut Fruit Slices 

PACKED LUNCH - AVAILABLE DAILY

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AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD, YOGHURT & FRESH FRUIT

 Vegetarian  Oily fish  Wholegrain
 Fruity!  Nutritionist's Choice