Reginald Mitchell Primary School

Subject specific vocabulary for PE

Children First Learning Partnership

Inspiring Excellence Together

EYFS PE Vocabulary

	Gymnastics	Dance	Games
Nursery	Sliding, Shuffling, Rolling, Crawling, Walking, Balance	Sliding, Roll, Crawl Feelings, Happy, Sad, Rhythm, Beat, Move	Slow, Fast, Shuffling, Rolling, Jumping, Skipping, Throw, Catch, Slow, Fast
Reception	Straight, Star, Shape, Curl, Position, Body parts, Travel	Travelling - slither, shuffle, roll, crawl, . Direction – forwards, backwards, sideways Body actions- stretching, curling, reaching, twisting, turning Movement - strong, gentle, heavy, space.	Walking, Running, Throwing, Catching, Rolling, Pushing, Patting, Kicking, Jumping

Key stage 1 PE Vocabulary

	Gymnastics	Games	Dance	Athletics
Year 1	Action, Control, Direction, Level, Speed, Apparatus	**Throwing and Catching-** Underarm, Racket, Throw, Ready, Position, Track **Target Games-** Distance, Overarm, Underarm, Swing, Balance, Further **Invasion Games-** Attacker, Defender, Goal, Track, Mark, Dodge	Beat, Balance, Fast, Level, Pose, Timing	Walk, Quickly, Leap, Underarm, Further, Overarm
Year 2	Tuck, Straddle, Sequence, Pike, Pathway, Link	**Throwing and Catching-** Throwing, Catching, Accuracy, Distance, Target, Leap **Target Games-** Accurate, Release, Opponent, Teammate, Strike, Ahead	Perform, Unison, Matching, Mirroring, Dynamics, Expression	Distance, Sprint, Height, Landing, Aim, Take Off

		Invasion Games- Shoot, Receive, Defend, Attack, Possession, Teammate		

Key Stage 2 PE Vocabulary

	Gymnastics	**Dance**	**Games**	**Athletics**	**Swimming**
Year 3	Landing Position, Body Tension, Point, Contrast, Take Off, Match	Canon, Formation, Performance, Order, Interact, Structure,	**Netball (Invasion)-** Defending, Attacking, Travel, Bouncing, Control, Possession **Hockey (Invasion)-** Control, Tactic, Shoot, Backhand, Opponent, Opposition **Cricket (Striking/Fielding-** Overarm, Underarm, Striking, Fielding, Batting, Tactic	Relay, Sprinting, Speed, Jumping, Baton, Take Off, Throwing	
Year 4	Tuck, Straddle, Pike, Arch, Back support, Balance	Spatial awareness, Repetition, Mirroring, Reaction, Pattern, Stimulus	**Basketball (Invasion)-** Possession, Scoring, Space, Pass, send, receive,		Front Crawl, Submerge, Backstroke, Treading Water, Breaststroke, Floating
Year 5	Balance, symmetrical, Apparatus, Rotation, Jump, Movement	Motif, Transition, Posture, Genre, Choreography, Collaboratively		Javelin, Track, Shot put, Momentum, Sprint, Stance	Tread water, Glide, Front Crawl, Float, Backstroke, Glide

Year 6	Straddle roll, Counter balance, Shape, Bridge, Flight, Travel	Dynamics, Space, Stimulus, Performance, Rhythm, Actions, Movement	**Football (Invasion)**- Dribble, Pass, Receive, Tackle, Tactics, Shoot **Tennis (Net/Wall Games) -** Forehand groundstroke, Backhand groundstroke, Forehand volley, Backhand volley, Underarm serve, Rallying **Rounders (Striking/Fielding)-** Throw, Catch, Bowl, Bat, Field, Tactics	Pace, Sprint, Jump, Distance, Throw, Overarm	